

Fertility and Post-Operative Vasectomy Specimen Collection Instructions

Samples may be dropped off during the hours of:

Monday – Thursday: 9:00am – 4:00pm

Friday: 9:00am – 3:30pm

1. The semen specimen should be collected at home and arrive at the urology clinic **within one-hour of collection** for accurate results and interpretation.
2. The semen specimen should be collected in a sterile container with a screw on lid. A sterile container can be obtained from the urology clinic.
3. Abstain from ejaculation for **at least 48 hours** prior to collection. Abstinence for a shorter period may affect the results.
4. Collect the specimen by method of masturbation in order to ensure there is no loss of sample as the first part of the ejaculate is the most important for analysis.
5. Please try to keep the specimen at body temperature. Do not heat or refrigerate the specimen while transporting to the urology clinic.
6. The following information must be on the specimen container when the specimen is delivered to the clinic or it will not be accepted for analysis:
 - a. Full Name
 - b. Birthday
 - c. Date and time of collection
7. Completely fill out the proper specimen slip and check in with the front desk once you have arrived.
 - a. Blue Slip – Post-Operative Vasectomy samples
 - b. Pink Slip – Fertility samples

**Results may be viewed on the patient portal within 3 – 5 business days
or you may call 205-930-0920 for results.**